Pro Euro DILI Registry Study

Sample Processing SOP & lab manual





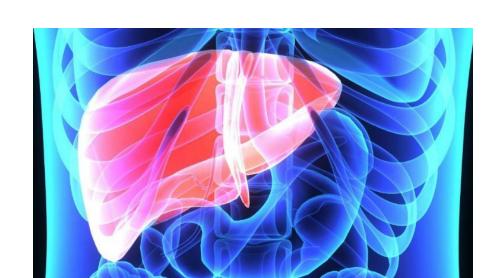
Coordinating Centres:

Guru Aithal

NIHR Nottingham Biomedical Research Centre Nottingham University Hospitals NHS Trust & the University of Nottingham, UK.

Raul Andrade

UGC Ap Digestivo, Biomedical Research Institute of Málaga, Spain



Registry Objective



To collect, store and catalogue biological samples and clinical data, to form a large international patient/control cohort available for subsequent detailed analysis by TransBioLine consortium partners & collaborators which can also be used in current and future epidemiologic and mechanistic studies.



Recruiting: Suspected DILI patients and **control** participants

(on medication | untreated | other causes of symptoms)

Pro Euro DILI Registry Study

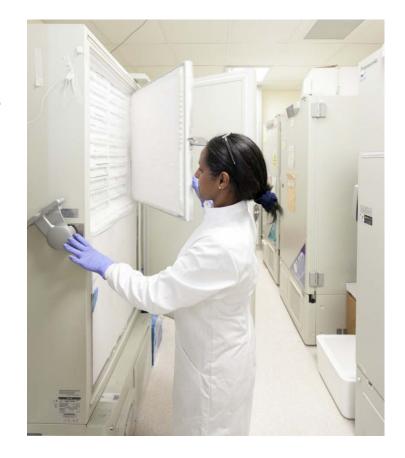


Design

An international multi-centre, case-control study for DILI patients during onset and until resolution.

Aims

- ➤ To collect and store biological samples (blood, urine, stool and liver biopsy) from control groups and patients with idiosyncratic DILI along with clinical and demographic data for collaborative research.
- ➤ To identify and analyse candidate disease biomarkers and evaluate utility in monitoring (ensuring drug safety) and diagnosis.



Registry Endpoints

Study now approved until 30/4/24 in UK



1. Acquisition of biological samples and clinical data

Long-term stored in Nottingham Biobank

- 'suspected DILI' cases recruited to give:
 - 300 confirmed DILI patients (70 in UK)
 - 130 non-DILI cases (45 in UK)

(When patients recruited are subsequently found to be non-DILI, their samples will be retained and they will remain in the study)

- 270 healthy control participants (50 in UK)
 - For each DILI case that is enrolled we will recruit one control person who is on the same drug (as the case enrolled), but who has not developed DILI

Includes:

- 20 cancer patients prior to immunotherapy
- 20 cancer patients on immunotherapy with no DILI symptoms
- 20 patients diagnosed with auto-immune hepatitis having DILI-like symptoms (elevated liver enzymes) (Nottm/Bham, UK)

Recruitment of suspected DILI Patients

- current, <u>suspected</u> acute idiosyncratic Drug-induced liver injury due to medication or supplement (not paracetamol): (no definite alternate diagnosis at time of recruitment)
- Exposure to drugs including any prescription drug, over-the-counter drug, recreational drug, herbal remedies or dietary supplements prior to the DILI onset.
- **≻**age >18
- >ALT > 5xULN
- or ALP > 2xULN
- or ALT > 3×ULN + TBL > 2×ULN
 - (on day of recruitment ie within 24h of visit 1 sampling)



Informed consent or by consultee if required for those lacking capacity

ALT: Alanine aminotransferase; ALP: Alkaline Phosphatase; TBL: total bilirubin

Recruitment: Suspected DILI Patient diagnosis pathway

Adult with suspected DILI

Research team review case & consent Visit 1
sampling
alongside
clinical care
*

Research team review clinical data & eligibility for subsequent visits

Inclusion
for further
visits if Visit 1
ALT/ALP/TBL
meets DILI
criteria

Research team follow-up for diagnosis DILI / non-DILI adjudication

2. Research Consent

While LFTs are likely to meet inclusion criteria (usually within 24h of identification but can be up to 8 weeks)

1. Identification

Clinical care team identify adult who is suspected to be having an adverse reaction affecting liver functioning following taking a medication or supplement (likely absence of other known causes of liver injury) *

with: ALT > 5 xULN or: ALP > 2 xULN

or: ALT >3 xULN & TBL > 2 xULN

3. Visit 1
Research
bloods &
Clinical bloods
at same time:
ALT ALP TBL
determined

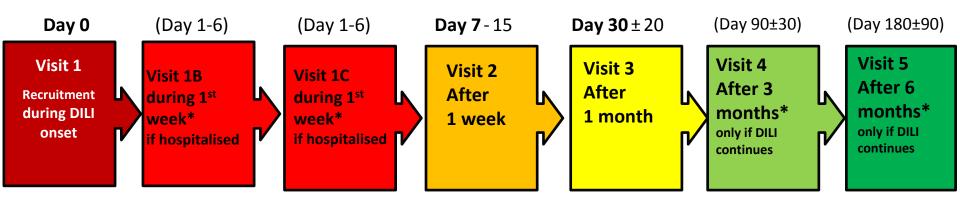
4. Review
case for
eligibility:
Ensure DILI-like
symptoms
present
at V1 (LFTs
meet inclusion
criteria)

5. Include as eligible DILI/ non-DILI control case for further visits alongside clinical care until ALT, ALP, TBL return to normal levels.

6. Follow-up visits, diagnosis & outcome by research team for adjudication as DILI case or control by expert panel (Establish if alternate cause after investigations: E.g. viral infection Biliary obstruction)



TransBioLine Pro-Euro DILI Sampling Schedule



*Optional visits

Usually up to 35ml research blood per visit plus stool, urine & tissue if available. Additional 30ml for immunophenotyping where appropriate (at any one visit) is optional. No more than 80ml to be taken at visit including clinical samples If liver biopsy is performed as part of patient care, we will request any surplus tissue.

- current, suspected acute idiosyncratic Drug-induced liver injury due to medication or supplement (not paracetamol):
- > age >18
- > ALT > 5xULN
- or ALP > 2xULN
- or ALT > 3xULN + TBL > 2xULN
- > written consent or by consultee if required for those lacking capacity

Consent:



Since it is crucial to recruit patients at time of acute DILI which may be diagnosed at unscheduled/emergency appointment, it may not be possible to provide the patient information sheet 24h beforehand. However a reasonable amount of time should be given for consideration of the study –e.g. 1 hour undisturbed and a full explanation of the project given with adequate opportunity to ask questions. See GCP guidelines.

https://www.ema.europa.eu/en/documents/scientific-guideline/ich-e-6-r1-guideline-good-clinical-practice-step-5_en.pdf

➤ If encephalopathy or dementia/mental health issues are suspected (but not both) then consent via a consultee should be sought. (separate guidance and documents are supplied for this)



Consent Form should include agreement that:

- 1. Participant Data can be stored and shared in the registry database (anonymised data stored in secure Pro Euro DILI database for 25 years)
- 2. Data can be used in future research
- 3. Samples (anonymised) can be used for biomarker analysis
- 4. Samples can be used for DNA analysis (if applicable)
- 5. Samples can be stored in Pro Euro DILI Biobank (eg Nottingham) during and after the project, to be used in future research (for up to 25 years) by partners/collaborators.

(No point keeping samples without data)

Patient Information on Samples:

We will transfer and store the samples collected to Nottingham Digestive Diseases Centre.

We will send samples to research teams at other institutions for collaborative research, or to commercial service providers for specialist analysis. These may be within or outside the UK. All samples and medical details will be anonymised so you cannot be identified. We will comply with the Human Tissue Act and other International laws.

Various substances and constituents of your blood, urine and stool will be measured. (e.g. the proteins, RNA & DNA in your blood; the bacterial fragments present in your stool)

- Your blood samples will be analysed to look at DNA & gene variations which may contribute to DILI, if you agree.
- We will not carry out clinical genetic testing of your samples to detect known inherited disorders.

(we will not be able to give you any results)

Your samples will be labelled with a code not your name or address so you cannot be identified.

Patient Information on Biobanks:

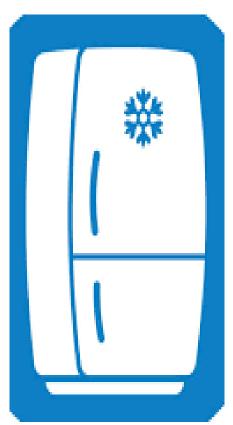
Sample Biobanks

Long-term sample storage facilitating future DILI research

After the study is complete, we would like to store samples left over so they can be made available for future research projects.

Samples from the study will be transferred to custodianship of the University of Nottingham (HTA Licence No. 12265; Designated Individual: Dr William Dunn) and stored in the HRA approved NDDC-BRU research tissue bank at the University of Nottingham for up to 10 years.

If you do not wish your samples to be transferred to a Biobank, indicate it on the consent form or inform your local team.



Patient Information on Data:

We will not share your personal details with anyone outside the research team and regulatory bodies.

When you agree to take part in a research study, the information about your health and care may be provided to researchers running other research studies in this organisation and in other organisations. These organisations may be universities, NHS organisations or companies involved in health and care research in this country or abroad. Your information will only be used by organisations and researchers to conduct research in accordance with the UK Policy Framework for Health and Social Care Research.

This information will not identify you and will not be combined with other information in a way that could identify you. The information will only be used for the purpose of health and care research, and cannot be used to contact you or to affect your care. It will not be used to make decisions about future services available to you, such as insurance.

Data collected during the study may be transferred for the purpose of processing, analysis, etc, to associated researchers within/outside the European Economic Area. All data transferred out of the UK/EU is protected under GDPR.

In line with Good Clinical Practice guidelines, at the end of the study your data will be securely archived for 25 years. Arrangements for confidential destruction will then be made.

Registry Databases: sharing compiled data

The anonymised data compiled in the Pro-Euro DILI databases will be made available to other research partners and collaborators as agreed within the consortium (for 25 years), in line with research funder's policies. Sharing of original data following publication allows open scrutiny of our work. All data is securely stored and is anonymised so you cannot be identified.

You can find out more about how we use your information at www.nuh.nhs.uk/GDPR or can request our GDPR policy document from DPO@nuh.nhs.uk

The UK policy framework is described at https://www.hra.nhs.uk/planning-and-improving-research/policies-standards-legislation/uk-policy-framework-health-social-care-research/

Recruitment & study visits:

- Recruitment (visit 1) should be arranged to coincide with clinical care visit wherever possible so that clinical blood sampling can be done at the same time for patient convenience. This also provides the required ALT, ALP and bilirubin testing on the same day as research samples are taken. If LFT tests are not performed on day of visit this should be noted in CRF and recruitment log and details of results from previous and subsequent dates noted. (patients will be excluded if this does not confirm they have acute DILI at visit 1; but samples will be retained)
 - ➤ No more than a total of 80ml of blood should be taken at the combined visit with up to 35ml for research project.
 - ➤ If more appropriate, with agreement of participant, a separate research visit can be arranged to avoid excessive blood quantity being taken



Recruitment Log

Recruitment LOG											
Site Name Name of PI			ersity of Nottii		Site Code Delegate Investigator	NOT					
S. S. I			Date of	Date of							
Site Study Patient ID	Subject Name	Subject Initials	Recruitment DD/MM/YYYY	Birth DD/MM/YYYY	Subject ID on Database	Included/ Excluded	Reason For Exclusion				
D001					NOT00003						
D002											
D003											

Inclusion criteria for follow-up visits



> Confirmation of eligibility for further visits:

Visit 1: ALT > $5\times$ ULN <u>or</u> ALP > $2\times$ ULN <u>or</u> ALT > $3\times$ ULN + TBL > $2\times$ ULN.

Visit 1a and 1b: only if hospitalized and continued clinical testing for LFTs.

Visit 4: only if LFTs are abnormal at visit 3.

Visit 5: only if LFTs are abnormal at visit 4.

Patients should complete a minimum of visits 1, 2 and 3 to complete the study but only 1 visit is acceptable

Adjudication:

Each site PI will present detailed clinical investigation of cases to determine if participant should be included in DILI or non-DILI patient group for collective decision about whether case is DILI or non-DILI or inconclusive at regular meetings.

➤ This will be recorded in Pro-Euro DILI database and coordinated by Malaga team (cstephens@uma.es)

DILI/Non-DILI criteria – identifying other causes of symptoms

Following recruitment of suspected DILI cases, these criteria can be used to identify alternate causes to determine which recruits are DILI and which are non-DILI cases.

- Acute viral hepatitis due to hepatitis A, B or reactivation of B, C, E, CMV, EBV, HIV
- Acute presentation of auto-immune hepatitis unrelated to the drug.
- Confirmed acute liver injury that explains the clinical manifestation eg: ischemic hepatitis, acute ascending cholangitis.
- Acute exacerbation/ decompensation of known chronic liver disease that explains the acute event.
- Biliary obstruction explaining cholestasis.
- Clinical judgment supporting alternative explanation to the acute event.
- Other factors of exclusion: Leishmaniasis, malaria, yellow fever, Dengue hemorrhagic fever, schistosomiasis, Q fever. Only if there is clinical suspicion (history, travel, symptoms) that require these conditions to be excluded.

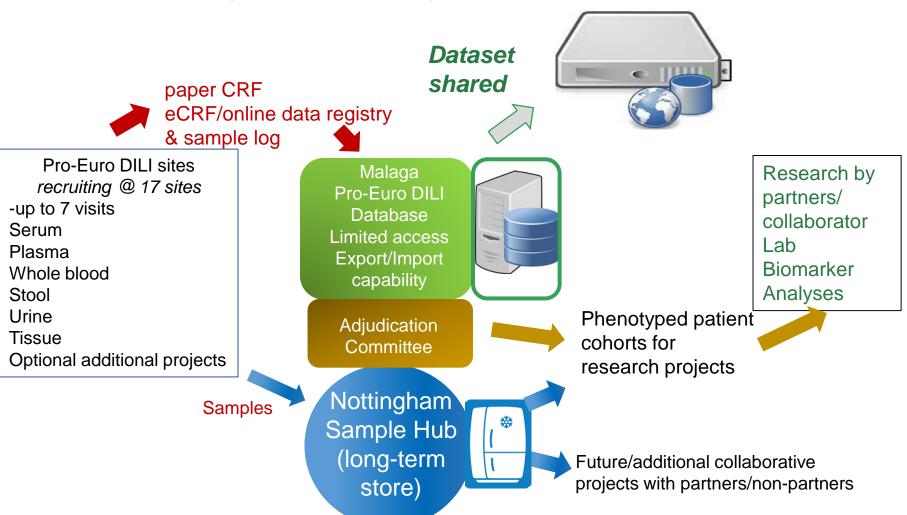
These patients may be enrolled and sampled but not included in planned TransBioLine partner analysis

Distinction of DILI from Non-DILI Adjudication based on review of clinical case

Recruitment of control group patients

- > this will be at Nottingham and Birmingham UK sites only.
- ➤ These participants attend just a single 30 min visit for sampling as suspected DILI patients visit 1.
- symptomatic patients (raised LFTs) diagnosed with auto-immune hepatitis.
- 2. Cancer patients (with no DILI symptoms) prior to immunotherapy treatment (ie disease-matched, 'untreated controls') and after 10 week treatment program (i.e. drug-matched, 'medicated controls').
- 3. Other people taking the same drugs as recruited DILI patients but who have no DILI symptoms i.e. additional drug-matched, 'medicated controls'). Recruited at Nottingham only in UK initially.

Pro-Euro DILI study DILI/non-DILI patient samples & data



Blood Collection for Pro Euro DILI:

For Standard Visit (35ml max) v1-5

2x 6ml red uncoagulated (12ml)

blood tubes (foil wrap) - min 6ml

*these must be protected from light (can use gold SST tubes)

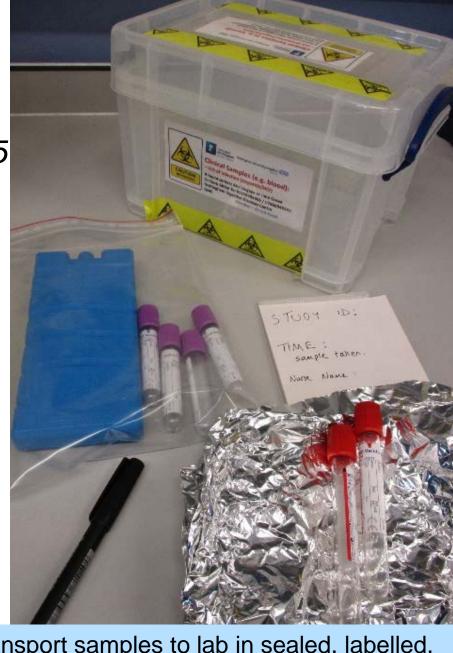
3x 4ml purple EDTA (12ml)

blood tubes - minimum 10ml

* these must be chilled

Draw red then purple
Label with permanent marker pen
with patient study ID (not name)
Visit number and time taken and date

Transport to lab within 2 hours



Transport samples to lab in sealed, labelled, double containment UN3373 regulation Biological Substance Category B

Participant ID & Sample Labelling: following Pro Euro DILI method

[A] Participants to be sequentially given number by recruiting centre:

Patients: D001 onwards;

[B] 3 digit site code (assigned by database): MAL = Malaga



[C] Sample type:

SE = serum

PH = plasma heparin

PE = plasma EDTA (PE1 or EP)

WB = whole blood (EDTA)

UR = urine

ST = stool

LB = liver biopsy

BC = Buffy coat (EDTA)

PFP = platelet free EDTA plasma PE (PE2)

In Pro Euro DILI database you can assign a patient ID e.g. D0076NOT To match your local site ID.

Site Patient Study ID: D001 = 'local internal code' for suspected DILI (A001 is autoimmune cases)

[D] Visit number: 01 or V1 onwards (v1 onset visit must correspond to DILI episode)

Date

If you have less than minimum amount or not chilled or processed in 2h then continue with processing but *Please indicate this on the CRF* & sample log

Sample Processing SOP page 1



6-12ml clotted Blood for Serum

(red tube or yellow serum separator collection tube)





- a. Allow to **coagulate for 30-45 min at room temp: PROTECT FROM LIGHT** (put in foil or bag)
- **b. Centrifuge** 2000g for 10 min at room temp
- c. Remove top yellow layer carefully using a pipette or pastette -avoid disturbing the interface
- d. Aliquot 0.5ml into cryovials (6-12 screw cap tubes):
 - e. Freeze immediately & store at -80°C (should be within 2.5 hours of blood taking)



Always store all the serum you obtain

Label: Study ID: D005 Visit number Date 04.05.19 Sample type SE

Sample Processing SOP page 2

2

12ml EDTA Blood (purple collection tube)



Pre-chill vacutainer in bag of frozen beads with ice block in cool bag. Pre-chill centrifuge.

a. Collect & Mix blood by gently inverting x10

Keep blood chilled (4°C or on ice) until processed. Centrifuge within 2 hour.

b. If patient has consented for DNA:

remove 0.5ml whole blood into cryovial x 2.

(this does not need to be done at every visit – just once)



Whole blood for DNA

c. Centrifuge blood tubes at 2000g for 10 min at 4°C

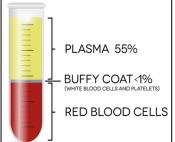
(i) For PFP: remove 1.2ml of top yellow layer to an eppendorf. (not at v3-5) then centrifuge this at 10,000g in a chilled microfuge for 10 min.

pipette 0.5ml of top layer into x2 cryovials

(This can be omitted if centrifuge unavailable)

platelet free plasma PFP





(ii) For plasma (PE) pipette 0.5ml top yellow plasma layer after spin to cryovials (approx. 5-10)

d. Freeze immediately & store at -80°C (should be within 2.5 hours of blood taking)



Sample Processing SOP page 3

3

Liver Biopsy Tissue (Biopsy only when clinical care indicates)

Snap freeze surplus at time of biopsy or request FFPE tissue from pathology

4

<u>Urine (UR)</u>

Collect approx. 30ml of midstream urine (not first urine of the day) in 30ml Universal (or equivalent)

Transfer 5 x 1ml into cryovials and upto 5 x 5ml into bijoux containers

Store at -80°C



5

Stool (ST)

Patient to collect stool using appropriate standard methods e.g. use cardboard tray (Patient guide available) *Avoid contact with urine.*

Transfer into bijoux container if possible.



WB is only required for one visit (v1 usually)
PFP is optional and only needed at visits 1-2.
Send all to Nottingham. Record samples in Pro Euro DILI database.



Pro Euro DILI Sample processing and shipping log - xxxx

SITE

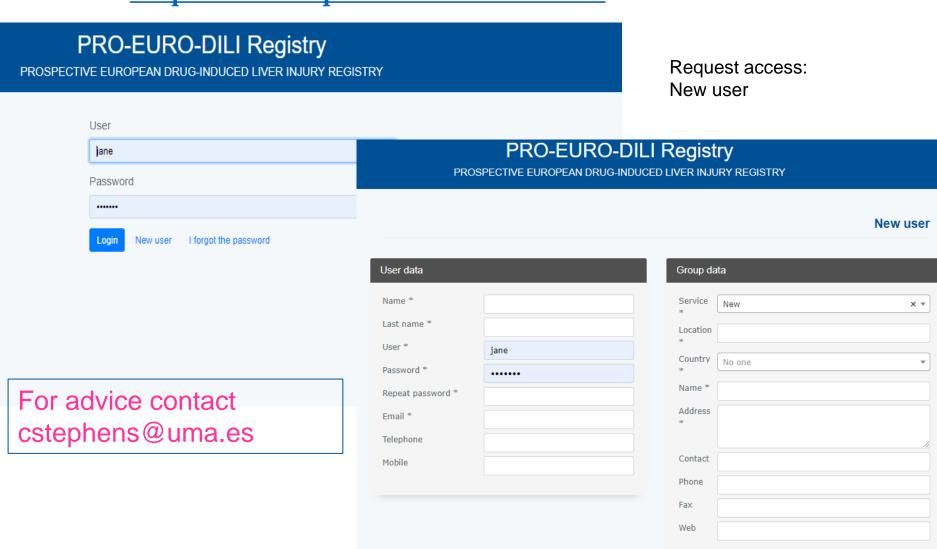
Site Patient ID (record on samples) 'Internal code'	Recruited Date	Database Patient Number	Visit No.	visit Date	TIME SAMPLES RECIEVED IN LAB	SERUM No. aliquots <mark>(SE)</mark>	Platelet free EDTA PLASMA aliquots (PFP)	PLASMA EDTA No. aliquots (PE)	EDTA Whole blood No. aliquots (WB)	Urine No. 1ml aliquots (UR)	Urine No. 5ml aliquots (UR)	Liver Biopsy available?	Stool (ST) Y/N	WITHDRAWN Sample Disposed of (date/initials)	Processed by:	NOTES – frozen within 2.5h of blood collection
D001		NOT00001														

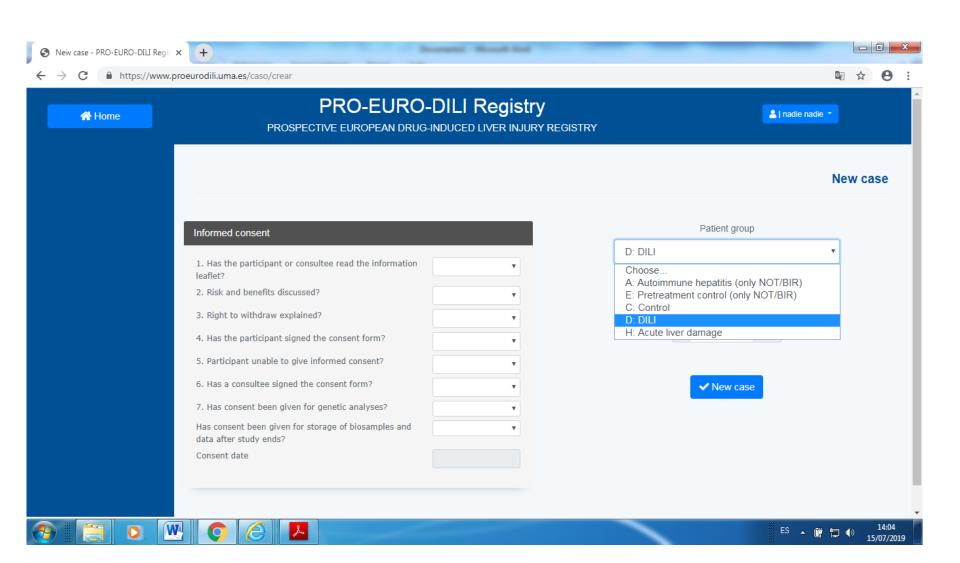
Collation of Patient Data on web-based database



🔑 New user

Website: https://www.proeurodili.uma.es/





Website: proeurodili.eu

PRO-EURO DIL REGISTRY

Home: shows patients from your site

To edit case

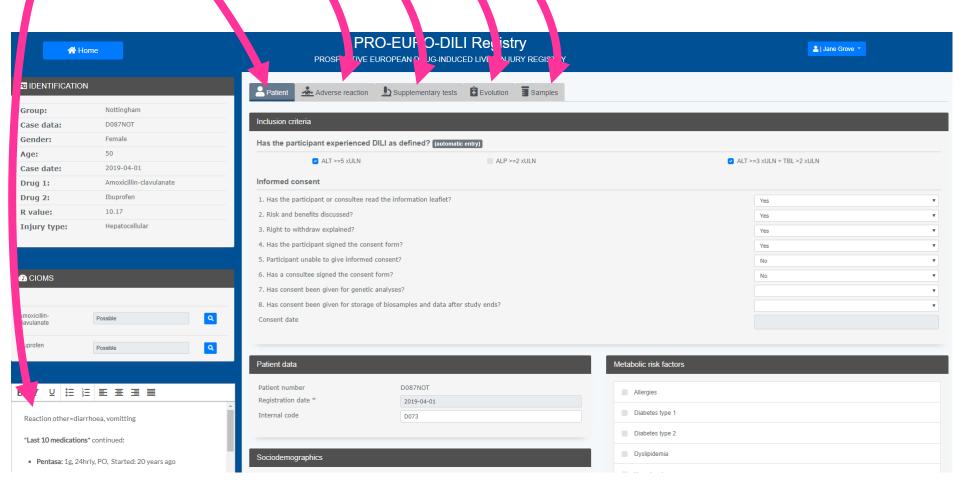


Patient info collected 'Patient Tab'



Complete each tab

Add info / notes



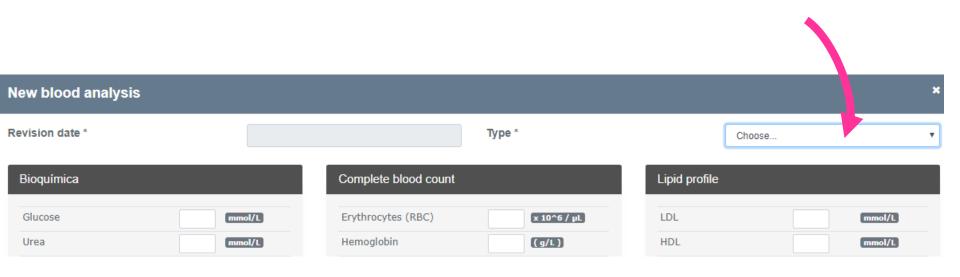


'Supplementary Tests' Tab – for clinical test results

Can add new blood analysis etc

Note when selecting visit date for blood tests choose 'first that fulfil DILI criteria' for the first sample time if this is also actually visit 1 (which is likely as this is when meet recruitment criteria LFTs).

If sampling for research not done on date that meet criteria then choose as 'visit 1' (but LFTs should still meet recruitment criteria). You must have an entry for 'first that fulfil' as needed for CIOMS.



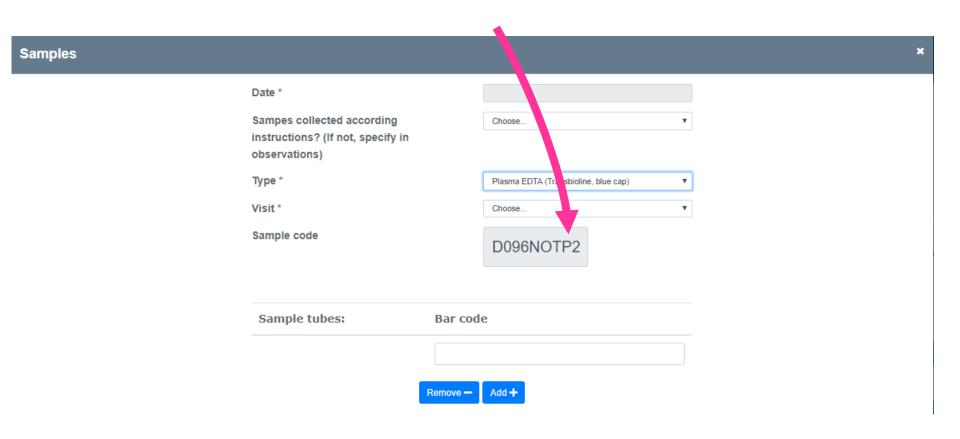


'Samples' Tab – for recording sample cryovial barcodes and additional tubes

On Pro Dili database 'P2' is platelet free plasma 'P1' is EDTA plasma

Label 'barcode' as aliquot 1, 2, 3, 4 etc

So we can track what additional samples are available for Pro Euro DILI projects.







NIHR Nottingham Biomedical Research Centre





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Stuart Astbury

Immune phenotyping Research



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Data Support:



David Simmonds: study coordinator

Kiran Hussain: data collation

Govind Jumbo: IT

<u>Additional Study Materials:</u> <u>posters/leaflets</u>

Stool Collection Advice for Patients

- 1.Place or hold a cardboard tray to collect stool as passed– avoid passing any urine.
- 2. Remove the screw cap and spatula 'spoon' from the stool container and collect a small piece of stool (about the size of a cherry)
- 3. Replace the screw cap and close the container tightly.
- 4. Place container in a plastic bag.
- 5. Flush any leftover stool down the toilet.
- 6. Dispose of cardboard into household waste/ normal dustbin.
- 7. Bring the sample to your healthcare appointment. Thank you.







Advertisement For local clinical teams

Open for recruitment:





Nottingham University Hospitals

NHS Trust

NIHR Nottingham Biomedical Research Centre

Drug-Induced Liver Injury Research Study

Be part of research to develop new ways to predict and prevent drug-induced liver injury (DILI)

Recruitment: adults aged over 18

 who are suspected to be having an adverse reaction affecting liver functioning following taking a medication or supplement (absence of other known causes of liver injury)

with: ALT > 5 xULN or: ALP > 2 xULN

or: ALT >3 <u>xULN</u> & TBL > 2 <u>xULN</u> 2. or who have autoimmune hepatitis

3. or who have had <u>no</u> problematic response after taking specific medications or supplements, or are eligible for immunotherapy

Schedule:

Contact Jane. Grove@nottingham.ac.uk

Visit 1

Recruitment during DILI onset (symptomatic)

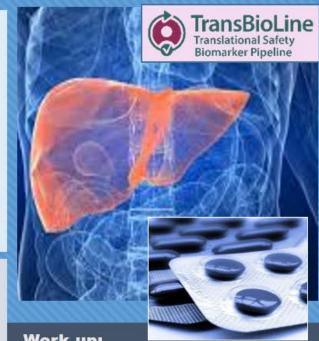
during 1st week* 1 or 2 additional visits if

hospitalised

Visit 2
After
1 week

Visit 3 After 1 month After 3 months* only if liver enzymes elevated at previous visit After 6 months* only if liver enzymes elevated at previous visit

- Up to 80ml blood for serum, plasma, DNA, RNA, immunophenotyping
- urine sample (optional)
- > stool sample (optional)
- ➤ Medical history & clinical data (eg underlying disease, symptoms)



Work up:

Pharmacological data:

dose, concomitant drugs

Biochemical data:

LFT, serology (IgM anti-HAV, HBsAg, Anti-HCV, CMV, VEB)

Imaging test:

to rule out biliary obstruction; History/Demographic data

For local clinical teams

Open for recruitment:





Nottingham University Hospitals MIS

NIHR Nottingham Biomedical Research Centre

Drug-Induced Liver Injury research study

TransbioLine Pro-Euro DILI Biorepository

Investigator: Prof Guru Aithal



Purpose: collect samples from patients with in-depth phenotyping for biomarker research



Inclusion criteria:

- current, suspected Drug-induced liver injury due to medication or supplement (not paracetamol):
- > age >18
- > ALT > 5xULN or ALP > 2xULN or ALT > 3xULN + TBL > 2xULN
- written consent or by consultee if required

We need suspected DILI patients at time of DILI and until recovered Plus control groups:

- other causes of DILI-like symptoms
- unaffected people taking same drugs
- cancer patients before immunotherapy

Contact: Shellie Radford senior nurse Shellie.Radford@nuh.nhs.uk Tel. 0115 9709966

What's involved?

Collection of blood, urine and stool sample over 3-5 visits, in line with standard care (Day 1, 7, 30)

DILI NUH clinical poster V2 11.4.19

For patients:

Also patient leaflet available

Open for recruitment:





Nottingham University Hospitals

NHS Trust

NIHR Nottingham Biomedical Research Centre

Drug-Induced Liver Injury Research Study

Be part of research to develop new ways to predict and prevent drug-induced liver injury (DILI)



We need:

Men & women aged over 18
1. who are suspected to be having an adverse reaction affecting liver functioning following taking a medication or supplement;
2. or who have had no problematic response after taking specific medications or supplements.

Participation involves:

- >One or more appointments with our research nurse to provide:
 - >a blood sample,
 - >a urine sample (optional)
 - ➤a stool sample (optional)
 - >Medical history

If you are suspected of having DILI, we will arrange to see you as soon as possible. We expect to see you 2-3 times over 30 days then after 3 & 6 months if your symptoms remain.

This will generate a Biobank of samples & detailed information about people who have DILI and unaffected people enabling diagnostic tests to be developed.

 DILI is an unexpected injury to the liver that can be caused by normal dose of prescribed medications, over-the-counter medications, recreational drugs and supplements (not paracetamol overdose).

Contact us for info: Tel. 0115 9709966 e-mail: NDDCBRU@nottingham.ac.uk

See our web site: https://nddcbru.org.uk/pro-euro-dili



@NottmBRCLiverGI

